



Consultation - UKCP Standards of Education and Training for Family and Systemic Psychotherapy

Background

UKCP's Education, Training, and Practice Committee (ETPC) have developed the UKCP Standards of Education and Training for Family and Systemic Psychotherapy, which are now ready for consultation.

UKCP periodically reviews its generic Standards of Education and Training documents to ensure clarity about the minimum standards and requirements underpinning family and systemic psychotherapeutic training for work with clients, and coherence in its structure and content.

The UKCP Standards of Education and Training for Family and Systemic Psychotherapy have been drafted, taking the existing UKCP Adult (2017) and Child (2019) Standards of Education and Training and also the current CFCST Family and Systemic Psychotherapy Standards (2017) as a starting point.

Change of this kind affects UKCP students and trainees, trainings and trainers, the general public who may be considering psychotherapeutic training, and the wider psychotherapeutic community.

We seek representation of a broad spectrum of views from within and without the organisation.



Consultation

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The current CFCST Standards of Education and Training for Family and Systemic Psychotherapy (2017) were originally created in 2008, and were to be read alongside the respective UKCP Adult and Child Standards of Education that were available at that time.

Following revisions to the UKCP Adult and Child Standards of Education (in 2017 and 2019 respectively), a working group was formed by the ETPC to develop standalone UKCP Standards of Education and Training for Family and Systemic Psychotherapy.

The working group took the existing CFCST standards document as a starting point, re-configured against changing contexts of adult, family and child work, and cross-referenced with the most recent UKCP Adult and Child Standards of Education and Training for parity of content and structure.

**Change must
involve feedback
from
stakeholders.**

Consultation

Development of UKCP Standards of Education and Training for Family and Systemic Psychotherapy can affect the content of accredited trainings, the processes that trainings undertake with students and trainees, and the standards of education and training required for accreditation of individuals to the UKCP register.

This means that all of those groups must have the opportunity to feed back on the terms of the change. By completing the survey on the UKCP website, you can let us know how the revised standards will affect you, and whether you think there could be improvements.

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Time frames

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- **January 2020** – The consultation on the revised *UKCP Standards of Education and Training for Family and Systemic Psychotherapy* begins with the UKCP membership, wider professional community, and general public via a survey, and other info on UKCP’s website.
- **April 2020** – Deadline for all responses and feedback to the consultation. ETPC will review consultation feedback, and will consider any revisions to form the final draft *UKCP Standards of Education and Training for Family and Systemic Psychotherapy* document.
- **June 2020** – Final draft is agreed (if not already) by the ETPC, and emailed to UKCP’s PRCCF for approval.
- **July 2020** – Approved final draft to be published, and sent to UKCP organisational members.
- **September 2020** – The revised *UKCP Standards of Education and Training for Family and Systemic Psychotherapy* will come into operation.

This schedule represents key dates in the consultation process.



Governance

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Section 2 of the Standing Orders states that –

- **Change should be sponsored by a principal stakeholder.** In this case, UKCP and the Education, Training and Practice Committee recognised a need for the standards to be updated.
- **A timescale and rationale should be published on the website.** This is available on the UKCP website and includes various information and a survey for you to respond with feedback.
- **A summary of the consultation feedback must be posted on the UKCP website.** A summary will be posted on the UKCP website after the feedback has been analysed and discussed by the Education, Training and Practice Committee.
- **Information on the change must be disseminated to all stakeholders and posted on the website.** This will happen after the UKCP Board of Trustees has approved the final document.

UKCP's Standing Orders sets out the requirements for consulting on changes.



More information on the UKCP Standards of Education and Training for Family and Systemic Psychotherapy consultation can be found on the UKCP website at:

<https://www.psychotherapy.org.uk>

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