

## 5 Yearly re-accreditation policy

### Introduction

We are in agreement with the UKCP process January 2013 which states:

The purposes of re-accreditation are:

1. to underpin and promote reflective and informed practice and continuing professional development.
2. as a result, to underpin and support best practice in a way that is beneficial to both practitioners and service users.

This Statement sets out our policy for Re-accreditation of any practitioner belonging to the CSRP.

All Sexual and Relationship Psychotherapists and Psychosexual Counsellors who are members of COSRT are subject to an annual licensing process by our sole organisational member, COSRT. This requires confirmation of supervision at the required levels, assurance of maintenance of CPD, adherence to the Codes of Ethics and Practice of COSRT, and that there are no outstanding complaints or sanctions against them. Direct Members are not subject to the same annual licensing at present.

In addition to the annual licensing for COSRT members, a five yearly re-accreditation scheme must be introduced for all members of CSRP, which will require evidence of all the above, including insurance cover and attendance certificates for CPD activities. We believe that submission of documents and “a reflective process” are insufficient to evidence proficiency as a Sexual and Relationship Psychotherapist or Psychosexual Counsellor, and that clients’ satisfaction needs to be included along with face to face peer review. This will be discussed with the membership as a whole.

### Evidence required

Log of supervision records, and confirmation of a minimum of 100 hours clinical work per year.

List of all CPD meetings, conferences, seminars, with copies of attendance certificates.

Record of private study, book or journal clubs relevant to practice, any other activities that enhance professional effectiveness.

Record of organisational work, teaching, lecturing, training undertaken/given.

Copy of professional indemnity insurance cover.

Feedback from clients about effectiveness of therapy. This evidence may be acquired:

- a. in session as part of the process of therapy

- b. online either confidentially or with knowledge of the identity of the person giving feedback, or
- c. using any of the accepted written measures of therapeutic effectiveness.

Feedback from peers, obtained in a group situation, or from a panel of peers, or from a two way meeting and review with a peer. In this arena matters of diversity, power and ethics can all be explored.

Declaration of adherence to the Code of Ethics and Practice of their organisational member and of CSRP and that no complaints or sanctions are outstanding.

## Other points for consideration

This process must be undertaken once every five years, although individuals may opt for parts of it more frequently.

Sexual and Relationship Psychotherapists and Psychosexual Counsellors will need to keep a journal or log book of all relevant activities in order to be able to provide the above required evidence. This log or journal can be made available through the CSRP web site in a private members' section if members wish it.

The submissions will be assessed by a number of psychotherapists who have volunteered for the role of peer assessor and have had induction as to what is required. Successful submissions will then be endorsed by the COSRT Assessor Panel, as COSRT is the organisational member through which re-accreditation is conducted. Direct members will pay a fee to COSRT for this endorsement. All members will pay a reasonable fee for the assessment.

A moderation process will also be installed to ensure a consistent level of assessment across all peer assessors.

We believe the re-accreditation process would benefit from the involvement of lay personnel, appointed by CSRP, to help evaluate both the process and the impact we have on our clients.

## Invoking the procedure

UKCP office produces quarterly lists of all members due for re-accreditation. These are sent to the relevant organisational members, at present this is COSRT, who will contact the members concerned and initiate the process. Direct members are contacted by UKCP office and advised to arrange for their re-accreditation to be processed through an organisational member, at present COSRT. They are responsible for contacting COSRT and making the necessary arrangements.

Time frames will be established within which all documentation should be submitted and agreement about how arrangements for face to face reviews and feedback are arrived at. All members will be given clear timeframes for responding and told that UKCP membership will be at risk if they fail or refuse to respond.

The organisational member implements the re-accreditation procedure and informs UKCP when it has been completed.

## Appeals

If your application for re-accreditation is not successful, you may appeal on the grounds that correct procedure has not been followed. You should write to the Vice Chair of CSRP within 3 months of notification, outlining your reasons for appeal.

If your appeal is not upheld by CSRP and you remain unsatisfied, you may then appeal to UKCP by contacting the UKCP membership committee and implementing their referral process.