

College of Outcome Oriented and Hypno-Psychotherapies

Entry requirements to training

The College of Outcome Oriented and Hypno-Psychotherapies training standards requirements should be read in conjunction with the UKCP 2017 training requirements.

- 1.1. Entry to training is at a master's level of competence. Candidates are expected to be in possession of a first degree (or equivalent certified qualification) before the course, or be able to demonstrate a 'master's level of competence' as a criterion for admission to those elements of training which are considered to be mandatory components for UKCP registration:

i.e. have a letter from a person of suitable academic authority to certify a 'master's level of competence' on the basis of clear criteria.

- 1.2. Training organisations should have in place appropriate procedures for assessing applicants' ability to undertake such a training. These should normally include one or more of the following entry requirements:
 - 1.2.1. an undergraduate degree
 - 1.2.2. a relevant professional training
 - 1.2.3. an independent assessment
 - 1.2.4. Accreditation of Prior Experiential Learning (APEL)
 - 1.2.5. Accreditation of Prior Certificated Learning (APCL)

(NB APL procedures are to enable training organisations to devise criteria that acknowledge formally a person's relevant prior professional and life experience).

- 1.3. Applicants will normally demonstrate the capacity and commitment to develop the following qualities that will make them suitable for the profession of psychotherapy:
 - 1.3.1. a lively and enquiring mind
 - 1.3.2. a capacity for critical reflection and self-directed learning
 - 1.3.3. an ability to listen and respond with compassion and respect
 - 1.3.4. awareness of prejudice and the willingness and capacity for continued personal reflection, with the ability to respond openly to issues of race, gender, age, sexual preference, class, disability, ethnic, spiritual/religious and cultural difference, and diversity
 - 1.3.5. awareness and sensitivity to the political, socio-cultural and spiritual/religious contexts of people's lives

- 1.3.6. in-depth self-reflection
- 1.3.7. self-awareness and commitment to self-development. Applicants should have sufficient emotional competence, psychological maturity and the internal resources necessary to engage with the demands of the training and the work of psychotherapy.
- 1.4. Candidates should have relevant experience of working with people in a responsible role. Training organisations should be able to substantiate the relevance of a candidate's experience. Other relevant experience may include a candidate's personal experience of therapy.
- 1.5. Training organisations should have in place:
 - 1.5.1. appropriate procedures for acceptance and refusal of applicants including appropriate and published criteria and procedures for the selection of applicants
 - 1.5.2. appropriate appeals procedures
 - 1.5.3. an equal opportunities policy or procedures to ensure that applicants are not discriminated against on grounds of race, gender, age, sexual preference, class, disability, ethnic, spiritual/religious and cultural difference.

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