

College of Outcome Oriented and Hypno-Psychotherapies

Entry requirements to training

The College of Outcome Oriented and Hypno-Psychotherapies training standards requirements should be read in conjunction with the UKCP 2017 training requirements.

- 1.1. Entry to training is at a master's level of competence. Candidates are expected to be in possession of a first degree (or equivalent certified qualification) before the course, or be able to demonstrate a 'master's level of competence' as a criterion for admission to those elements of training which are considered to be mandatory components for UKCP registration:

i.e. have a letter from a person of suitable academic authority to certify a 'master's level of competence' on the basis of clear criteria.

- 1.2. Training organisations should have in place appropriate procedures for assessing applicants' ability to undertake such a training. These should normally include one or more of the following entry requirements:

- 1.2.1. an undergraduate degree
- 1.2.2. a relevant professional training
- 1.2.3. an independent assessment
- 1.2.4. Accreditation of Prior Experiential Learning (APEL)
- 1.2.5. Accreditation of Prior Certificated Learning (APCL)

(NB APL procedures are to enable training organisations to devise criteria that acknowledge formally a person's relevant prior professional and life experience).

- 1.3. Applicants will normally demonstrate the capacity and commitment to develop the following qualities that will make them suitable for the profession of psychotherapy:

- 1.3.1. a lively and enquiring mind
- 1.3.2. a capacity for critical reflection and self-directed learning
- 1.3.3. an ability to listen and respond with compassion and respect
- 1.3.4. awareness of prejudice and the willingness and capacity for continued personal reflection, with the ability to respond openly to issues of race, gender, age, sexual preference, class, disability, ethnic, spiritual/religious and cultural difference, and diversity
- 1.3.5. awareness and sensitivity to the political, socio-cultural and spiritual/religious contexts of people's lives

1.3.6. in-depth self-reflection

1.3.7. self-awareness and commitment to self-development. Applicants should have sufficient emotional competence, psychological maturity and the internal resources necessary to engage with the demands of the training and the work of psychotherapy.

1.4. Candidates should have relevant experience of working with people in a responsible role. Training organisations should be able to substantiate the relevance of a candidate's experience. Other relevant experience may include a candidate's personal experience of therapy.

1.5. Training organisations should have in place:

1.5.1. appropriate procedures for acceptance and refusal of applicants including appropriate and published criteria and procedures for the selection of applicants

1.5.2. appropriate appeals procedures

1.5.3. an equal opportunities policy or procedures to ensure that applicants are not discriminated against on grounds of race, gender, age, sexual preference, class, disability, ethnic, spiritual/religious and cultural difference.

Updated 10/08/22