

Research Conference 2025 programme

Time	Session title
10 – 10.05am	Welcome and introductions Ellen Dunn, UKCP policy and research manager
10.05 – 11.05am 10.05 – 10.25am	Paper session I Wide open container: a qualitative study into how child and adolescent psychotherapists offer boundaries, confidentiality and a therapeutic container when working outdoors Vanessa Bear
10.25 – 10.45am	Nature allied psychotherapy: exploring relationships with self, others and nature Beth Collier
10.45am – 11.05am	Building connection through creative therapies Matthew McCloskey, Miriam Sakwa, Nicola Brophy, Saz Domville
11.05 – 11.50am	Workshop Forming form: researching practical and bodily knowledge Dr Helena Kallner
11.50am – 12pm	Break
12 – 1pm	Featured talk All our kin: ecopsychotherapy with children and young people Alix Hearn: child and adolescent psychotherapist, ecopsychotherapist, clinical supervisor
1 – 2pm	Lunch
2 – 3pm 2 – 2.20pm	Paper session II Double binds: an autoethnographic study of gay minority stress Dr Paul C. Mollitt
2.20 – 2.40pm	Dyslexic or human being: a transpersonal perspective on labelling Claudia Smith
2.40 – 3pm	Time, physical disability and long-term contemporary psychotherapy: a pragmatic case study Adelaide O'Mahony
3 – 3.45pm	Workshop Cultural competency in psychotherapy Manar Ahmed
3.45 – 4pm	Break
4 – 5pm	Featured talk Refugees' experience of loneliness: implications for healing and therapy Dr Linda Finlay: private practice, The Open University
5 – 5.05pm	Thanks and closing remarks Ellen Dunn, UKCP policy and research manager
5.05 – 5.30pm	Optional networking (separate meeting link)