

The intersection of AI and psychotherapy

Programme

Time	Session title
10:00 – 10:05am	Welcome and introductions
10:00 – 11:05am	AI, mental health and psychotherapy: what every therapist needs to know Dr Aaron Balick, psychotherapist, applied psychodynamics
11:05 – 11:20am	Q&A session
11:20 – 11:40am	Sponsored talk – Cyber liability Gavin Dickson, Balens
11:40 – 11:50am	Q&A session
11:50 – 12:35pm	Break
12:35 – 1:05pm	A commitment to ethical and pragmatic AI integration in counselling and psychotherapy Kenneth Kelly, founder of Counselling Tutor and representative from the Expert Reference Group (ERG) on the use of Artificial Intelligence (AI) in Counselling and Psychotherapy
1:05 – 1:15pm	Q&A session
1:15 – 2:15pm	AI and psychotherapy: some ethical considerations Julie Stone, independent ethics lead and chair of UKCP ethics committee
2:15 – 2:30pm	Q&A session
2:30 – close	Thanks and closing remarks