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# UKCP Supervision Standards of Education and Training (2018)



## Generic Standards of Education and Training (SETs) for UKCP Supervision Trainings for Adult Client Work

UKCP sets education, training, and practice standards for supervisors who are on the Supervision Directory. It is the responsibility of UKCP colleges and organisational members to ensure that individuals are meeting and maintaining these standards;

UKCP's Complaints and Conduct Process focuses on the relationship between the therapist and the client and therefore cannot consider a complaint against someone acting in the role of a supervisor.

### 1. Introduction

- 1.1. UKCP has principles on which to base its Training Standards and policies across all psychotherapeutic modalities. These principles and policies concern UKCP's Education, Training and Practice Committee, the Colleges' Training Standards Committees and Accreditation Committees, and the individual Training Organisations that devise and run psychotherapy and psychotherapeutic counselling training courses leading to registration with UKCP.
- 1.2. This document aims to make clear the route by which qualified and experienced practitioners can reach College approval and listing on the UKCP Supervision Directory for adult client work through the Training route or Accreditation of Prior Learning route.
- 1.3. For the purpose of this document the term psychotherapeutic practitioner throughout refers to both psychotherapists and psychotherapeutic counsellors.
- 1.4. UKCP Colleges which have Organisational Members which offer supervision training are required to include their College-specific Standards in their College Supervision Statement.
- 1.5. Please see the list at the end of this document for the correct titles of other UKCP documents relating to minimum generic guidelines and requirements for education and training standards of supervision and routes to supervisor accreditation, including specific documents relating to working with children.

### 2. Course Requirements – UKCP Supervision SETs (Adults)

#### 2.1. All training courses must publish:

- 2.1.1. Selection criteria.

- 2.1.2. Procedures.
- 2.1.3. Appeals procedures.
- 2.1.4. Codes of Ethics for trainers, supervisors, supervisor trainees.
- 2.1.5. Codes of Conduct and Practice for trainers, supervisors and supervisor trainees.
- 2.1.6. Diversity and Equality Procedures, including addressing these issues in the curriculum.
- 2.1.7. Safeguarding procedures.
- 2.1.8. Fees and payment structure.
- 2.1.9. A curriculum and course learning outcomes.
- 2.1.10. Written and practical course requirements.
- 2.1.11. Assessment procedures and assessment appeals procedure.
- 2.1.12. Staff/trainers names, relevant qualifications and relevant professional memberships.
- 2.1.13. Knowledge of safeguarding.

## **2.2. All training courses must:**

- 2.2.1. Be conducted in accordance with the Practice Guidelines for Supervisors of Adult Client Work documents (generic and College-specific).
- 2.2.2. Include all those additional elements as specified in the current Supervision Standards for Children and Adolescents published by UKCP where the course is intended to train appropriately qualified practitioners to supervise work with children as well as adults.
- 2.2.3. Contain both theoretical teaching and supervised supervision as components required to achieve the competences of a supervisor.
- 2.2.4. Reflect responsibility for transparency and accountability as relevant and important in the training and in the practice of supervision.
- 2.2.5. Cover more than one theoretical model of supervision.
- 2.2.6. Ensure that assessment activities are clearly defined and balanced between the assessment of theory and practice. Appropriate academic standards must be adhered to, e.g. moderation.

2.2.7. Identify and specify the personal and professional qualities, background and previous experience that make candidates suitable for training in the profession of psychotherapeutic supervisor.

2.2.8. Ensure that all requirements, policy, procedures and practice demonstrate adherence, content and positive intent to diversity and equality best practice.

### **2.3. Entry Requirements to Training:**

2.3.1. UKCP Registrant of good standing.

2.3.2. The personal qualities, knowledge, experience and capacity to relate to future supervisees are the most important factors in suitability to be a supervisor. It takes a considerable amount of work to build the experience necessary.

2.3.3. Normally this takes at least 5 years of work with clients as a psychotherapeutic practitioner or the equivalent of approximately 1,600 hours, which means an average of 8 clients per week over 5 years.

2.3.4. Normally at least three years of this experience must be post-registration as a UKCP Psychotherapist or Psychotherapeutic Counsellor.

## **3. Accreditation of Prior Learning**

3.1. Colleges must produce a process for evaluating applications to join the UKCP Supervision Directory based on their prior learning. Applicants would normally be expected to demonstrate that they meet the requirements for attending an accredited course and that the training that they have undertaken meets or exceeds the requirements for a course to be accredited.