



EDI-BIIDE Committee Minutes

Meeting Date: Friday 6 February 2026
Time: 14:00-16:04
Type: Zoom
Location: Online
Version: Confirmed
Apologies: Fuad Buraimoh (FB), Jo Parker (JP), Caroline Topham (CT), Sheetal Amin (SA), Jenny Glithero (JG), Allyson Vuli (AV)
In Attendance: Charlotte Chiu (CC), Alex Crawford (AC), Will Daniel-Braham (WDB), Julia Martin (JM), Zahid Nawaz (ZN), Jen Owen (JO), Kim Shiller (KS) until 15:33, Mamood Ahmad (MA), Meera Kapadia (MK) until 15:25, Rani Kaur (RK), Victoria Oruwari (VO), Charles Brown (CB) until 14:54, Netalie Shloim (NS) until 15:30, Rachel Wood (RW), Liz Nicholl (LN), Bridget Cunningham (BC), Lorna Reeve (LR), Emily Bridges (EB), Paige Wilson (PW) from 15:22
Minutes By: Alex Crawford – Board & Committees Secretary

***Action Points and Decisions – in Black Bold**

Attendance sheet:

Name	Representation
Zahid Nawaz	EDI (BIIDE) Committee Chair
Charles Brown	Individual Therapist
Fuad Buraimoh	Individual Therapist
Jo Parker	Individual Therapist
Sheetal Amin	Individual Therapist
Victoria Nelson	Individual Therapist
Jenny Glithero	Individual Therapist
Saynab Hassan	Individual Therapist
Bridget Cunningham	Individual Therapist
Rachel Wood	Individual Therapist
Meera Kapadia	Individual Therapist
Julia Martin	Individual Therapist
Emily Bridges	UKCP Senior Management Representative
Alex Crawford	EDI (BIIDE) Committee Coordinator from January 2025
Lorna Reeve	UKCP EDI Projects Coordinator (observer)



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Will Daniel-Braham	UKCP Board of Trustees, EDI Liaison
Caroline Topham	NHS Foundation Trust
Kim Shiller	The Psychosynthesis Trust
Allyson Vuli	HIPC College
Mamood Ahmad	The Anti-Discrimination Focus (TADF)
Jen Owen	OM representative from the Bath Centre for Psychotherapy & Counselling (BCPC)
Colleges Representation	
Lynsey Daniels	College for Child and Adolescent Psychotherapies (CCAP)
Charlotte Chiu	College of Family, Couple and Systemic Psychotherapy (CFCSP)
<i>No Representation</i>	<i>College of Medical Psychotherapists (CMP)</i>
<i>No Representation</i>	<i>College of Outcome Oriented and Hypno-psychotherapies (COOHP)</i>
<i>No Representation</i>	<i>College for Sexual and Relationship Psychotherapy (CSRP)</i>
Liz Nicholl	Constructivist and Existential College (CEC)
Manshant Rani Kaur	Council for Psychoanalysis and Jungian Analysis College (CPJAC)
<i>No Representation</i>	<i>Humanistic and Integrative Psychotherapy College (HIPC)</i>
Emily Rooney	Psychotherapeutic Counselling and Intersubjective Psychotherapy College (PCIPC)
Ruth Millman	Universities Training College (UTC)
Netalie Shloim	Universities Training College (UTC)

Representation volunteers

Will Daniel-Braham
 Zahid Nawaz
 Saynab Hassan
 Charlotte Chiu
 Meera Kapadia
 Allyson Vuli



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1. Welcome, apologies and conflicts of interest

- 1.1. ZN welcomed people to the meeting.
- 1.2. ZN welcomed new committee members Liz Nicholl, Bridget Cunningham and Victoria Oruwari. Introductions were made around the room.
- 1.3. Apologies were given as detailed on page 1 of these minutes.

2. Minutes of the previous meeting on 7 November 2025

2.1. Corrections

2.1.1. None.

2.2. Matters Arising

2.2.1. None.

2.3. **The committee resolved that the minutes were confirmed/approved.**

3. Action Log

3.1. There were no updates to the action log.

4. EDI-BIIDE Committee Chair & Vice Chair update

4.1. ZN and CC referred to the written Chairs Report.

4.2. CC also spoke to her paper with feedback from the Education, Training and Practice Committee (ETPC) Away Day on 14 November 2025.

4.3. CC has been asked to comment on the draft Ethics Committee (EC) Boundaries Guidance and has sent her feedback to the EC.

4.4. CC informed the meeting that the joint EDI-BIIDE Committee and Ethics Committee article for *The New Psychotherapist* magazine is on hold as Julie Stone (UKCP Ethics Lead) is busy and not able to contribute.

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4.5. CC has been asked to write a book review.

4.6. ZN went through the points in the Chairs Report and answered questions.

5. Board of Trustees update

5.1. WDB gave a verbal report which covered the following areas:

- Statutory Regulation Working Group
- Lay Trustee Interviews on 28 January 2026
- Special Interest Groups (SIGs)
- 2026 Pride march

5.2. As a result of the conversation about the Lay Trustee interviews in January the idea of introducing an 'Associate Trustee' category was suggested as a way of enabling people to gain experience as a trustee. **ZN will feed this suggestion back to the Governance Working Group.**

6. Staff update

6.1. EB spoke to her report and answered questions.

6.2. We are awaiting notification of whether our application to join this year's Pride has been accepted.

6.3. **The UKCP bursary is under review and the project lead will be invited to join the next EDI-BIIDE meeting on 10 April.**

6.4. MA said that mentoring could be a low cost alternative to the bursary. WDB said that mentoring is part of the EDI-BIIDE Action Plan.

6.5. **It was agreed that a Mentoring sub-group of the EDI-BIIDE Committee will be created which will comprise of WDB, David Jeansoulé Ruiz (UKCP Strategic Projects Team), CC, MA and LR.**

7. College and committee updates

7.1. There were no updates.



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PW joined the meeting

8. EDI-BIIDE Action Plan (EDAP)

8.1. Presentation on Student & Trainee Survey results

8.1.1. LR introduced Paige Wilson (PW) who is the UKCP Policy and Research Officer.

8.1.2. LR and PW gave a summary of the survey findings via an on-screen presentation and answered questions.

8.1.3. **LR will share the presentation slides after the meeting.**

8.1.4. ZN will speak to LR about how the EDI-BIIDE Committee members feedback their views on the survey questions.

8.1.5. In response to questions from CC, LR advised that the survey results have been shared with the UKCP staff but will not be put on the UKCP website for data protection reasons. There will be another survey at some point.

8.1.6. The committee gave thanks to LR and PW for the presentation.

PW left the meeting

9. Article for *The New Psychotherapist* magazine

9.1. Any member of the EDI-BIIDE Committee who is interested in getting involved in producing an article is to let LR know by email.

10. EDI Event Planning Group update

10.1. Any member of the EDI-BIIDE Committee who is interested in joining the Event Planning Group is to let LR know by email. The next meeting is on 13 February.



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11. Standing Items

11.1. Members Forum

11.1.1. The next Members Forum meeting is on 7 March.

11.2. UKCP Induction Days

11.2.1. The next Induction Day is on Thursday 26 February 2026 and LR will be presenting on EDI-BIIDE.

11.3. Interview Panels

11.3.1. On-going.

12. AOB

12.1. Accessibility for UKCP Events

12.1.1. VO commented that some assume people know how to obtain access requirements for conferences and events which is not always the case. LR is working the UKCP Events Manager on accessibility for UKCP events. It was suggested that for all UKCP events we should say that if anyone attending has accessibility requirements they should contact the office.

12.2. Organisational Member (OM) Representatives

12.2.1. **At WDB's request, AC will amend the EDI-BIIDE Committee agenda to show who the OM representatives are.**

13. Next Meeting

13.1. Friday 10 April 2026, 14:00 to 16:00 online by Zoom.