Peter Bryant-Cooke

UKCP Registered Psychotherapist · BACP Senior Accredited · Chartered Manager

EMBA · CMgr FCMI · Chartered MCSI · CSci · FMBPsS · AFBPsS · FHEA

[redacted]

Profile

I am a UKCP-registered psychotherapist and have served on the Executive Committee of the UKCP College of Outcome-Oriented and Hypno-Psychotherapies since March 2026. Separately, UKCP appointed me in August 2026 as an independent assessor for organisational member reviews, and my onboarding is under way. I have been sole director of my own clinical company for twelve years, and as founder of an investment LLP I have been accountable to its members for their capital and its filed accounts. I have delivered over 2,000 NHS-commissioned EMDR sessions and am a doctoral researcher at the University of Chester.

What I would bring to the Board

- **Public protection.** Day-to-day clinical risk management in NHS-commissioned care and in supervision, which I would apply to the Board's oversight of standards.
- **Financial sustainability.** Twelve years as a sole director and accountability to LLP members for their capital. I read accounts as evidence of whether an organisation can sustain its purpose.
- **Strategic oversight.** IoD board training, Chartered Manager status and an Executive MBA support oversight of strategy and risk without drifting into management.
- **Member value and public benefit.** As a private-practice member I understand why colleagues ask what their registration delivers. I would want that answered openly, with UKCP's charitable purpose at the centre.
- **The whole organisation.** College committee work shows me how decisions land with one modality community. As a trustee I would weigh that view alongside every College and the public.
- **Access to psychotherapy.** NHS-commissioned practice, and doctoral research that includes how NHS services match patients to modality, would inform Board discussions on access.

Governance and leadership experience

Executive Committee Member, UKCP College of Outcome-Oriented and Hypno-Psychotherapies · March 2026 to present

- Contribute to the committee's meetings and decisions on College business within UKCP.
- Drafted committee minutes with an offline AI tool, with the committee's prior permission; both sets were approved without amendment.

Independent Assessor, Organisational Member Reviews, UKCP · appointed August 2026. Appointed by UKCP Regulation and Quality Assurance to assess organisational members against UKCP standards; onboarding under way.

Founder and Sole Director, Catalyst Therapy Ltd (trading as Thrive EMDR) · 2014 to present

- Responsible for statutory, financial, insurance and information-governance obligations, including data controller duties for my current NHS-commissioned clinical work.
- Previously built and led a remote therapy service delivered by 12 contracted clinicians.
- Ran structured recruitment in 2016 and 2017 (at least six campaigns; 118 documented applications across four campaigns), setting standards for registration, indemnity, experience and record-keeping, and assessing suitability by interview and a training assignment before any caseload.
- Retained 10 of the 12 clinicians until the service contract ended.

Founder and Designated Member, InCrypto Wealth LLP · 2020 to present

- Founded the LLP in 2020 and led it as designated member through its trading period from April 2022.
- Accountable to members for their capital (US$527,000 at 31 July 2025), annual accounts prepared with a Chartered Accountant and filed at Companies House, and reporting to members.

Advisory Board Member, MindBerry · March 2017 to August 2018. Clinical guidance and launch materials, working with the founders.

Research

Doctoral Researcher (part-time), University of Chester · October 2025 to present. EMDR at the trauma-pain interface, with a secondary strand on how NHS services match patients to modality; systematic mapping review presented at the PARC conference, June 2026.

Faculty Secondary Research Supervisor, NSPC · June 2026 to present

Clinical practice and supervision

EMDR Therapist, Xyla Digital Therapies (NHS-commissioned) · May 2021 to present

- 2,000+ online EMDR sessions with 200+ NHS patients.
- Assess and manage clinical risk through structured risk assessment, safety planning, safeguarding, GP liaison and duty-team escalation, referring on to face-to-face care where remote treatment is not clinically safe.
- Audit my completed cases against NHS Talking Therapies outcome definitions, including deterioration.

Clinical Supervisor · 2025 to present

- Interim Clinical Supervisor, Xyla Digital Therapies (March to May 2026), backup supervisor since, and UKCP accredited supervisor in independent practice; voluntary group supervision for four psychologists, VLAD Outreach (2025).
- Support supervisees' risk assessment and escalation decisions, including confidentiality thresholds, coercive-control indicators and supervision frequency as complexity rises.

Other clinical roles: Child and Adolescent EMDR and Talking Therapist, ProblemShared (March 2026 to present); Psychotherapist, Leone Centre (March 2025 to June 2026).

Registrations and qualifications

- **Psychotherapy:** UKCP Registered Psychotherapist and Accredited Supervisor; BACP Senior Accredited; EMDR Europe Accredited Practitioner; EMDRIA Approved Consultant-in-Training; Advanced Diploma in Hypno-Psychotherapy, NCHP (2018); UKCP Accredited Certificate in Clinical Supervision; BPS Supervision Skills Certificate
- **Governance and management:** Executive MBA, Quantic (2022); CMI Chartered Manager and Fellow (CMgr FCMI); The Role of the Director and the Board, IoD (2026); CMI Level 7 Certificate in Strategic Management and Leadership Practice (2026)
- **Science, finance and education:** BPS Chartered Scientist (CSci), FMBPsS, AFBPsS; Fellow, Royal Statistical Society; Chartered Member, CISI; FHEA
- **Degrees:** MSc Music, Mind and Brain (Merit), Goldsmiths, University of London (2013); BMus (Hons), University of Surrey (2012)
- **Safeguarding and ethics:** Level 3 safeguarding training, adults (NHS England) and children; CISI Certificate in Ethical AI (2025); BPS Certificate in Expert Witness (2026); enhanced DBS on the Update Service
- **Coaching, mediation and fellowships:** ICF ACC; EMCC EIA Senior Practitioner; MISCP; Professional Certificate in Executive Coaching, Henley (2026); mediation accreditation, Phoenix Dispute Solutions (2026); FRSA, FRSPH, FRSM