



Board of Trustees Minutes

Meeting Date: Thursday 12 December 2019

Time: 14:00 – 17:00

Type: Face-to-face

Location: UKCP Office, Boardroom

Version: Approved

Present:

Keith Carlton (KC)	Trustee
Andy Cottom (AJC)	Vice-Chair & Trustee
John Loughrey (JL)	Trustee
Jacqui McCouat (JM)	Trustee
Martin Pollecoff (MP)	Chair & Trustee
Neil Robertson (NR)	Treasurer & Trustee
Juliet Rosenfeld (JR)	Trustee – <i>from 14:23</i>
Suzy Walker (SW)	Trustee

Apologies:

Divine Charura (DC)	Trustee
Bob Cooke (BC)	Trustee
Brett Kahr (BK)	Trustee

In Attendance: Adam Jones (AJ) Policy and Advocacy Manager – *15:15 to 15:40*
Sarah Niblock (SN) Chief Executive Officer
Sunita Thakore (ST) Complaints and Conduct Manager – *15:00 to 15:15*

Minutes By: Alex Crawford (AC) Governance Manager

Action Points and Decisions – in Black Bold

1. Welcomes, Apologies and Declarations of Interest

- 1.1. Apologies were given for BC, BK & DC.
- 1.2. The Governance Officer informed the Board that any trustee with a conflict of interest in a matter under discussion should declare the nature of their interest and withdraw from the room unless given a dispensation to speak.

2. Chair's Report

- 2.1. MP thanked the Trustees for all of their hard work over the last year.
- 2.2. MP spoke to his Chair's report.
- 2.3. The discussion included the following points:
 - 2.3.1. UKCP should aim to be more client focussed and less modality focussed.
 - 2.3.2. UKCP is an overly complex organisation.
 - 2.3.3. UKCP's key functions are to Promote Psychotherapy, Protect the Public and Promote our Members.
 - 2.3.4. Having observers at the Board enables better connections between the Trustees and the Colleges.
 - 2.3.5. AC is in the process of producing a guidance paper on the role of observers at Board meetings.
 - 2.3.6. MP mentioned that some minority factions were opposed to the Scope of Practice and Education (SCoPEd) for Psychotherapy and Counselling collaborative project.
 - 2.3.7. We should engage with the government in order to influence policy.
 - 2.3.8. We should present a unified voice in collaboration with other organisations when engaging with the government.
 - 2.3.9. It was suggested that we explore how the codes of ethics for the various therapy organisations (ourselves, BACP, BPC etc.) could be more aligned.
 - 2.3.10. We should work with the BACP and BPC on achieving tax-exempt status for psychotherapists and psychotherapeutic counsellors.
 - 2.3.11. With regards to the current open elections/nominations for UKCP Chair, a review of how the Chair is elected should be conducted going-forward.
 - 2.3.12. AC and JL will have a separate discussion about the current trustee election process.
 - 2.3.13. The remuneration for the UKCP Chair is something currently being looked into, and we are taking advice from both our auditors and lawyers.

- 2.3.14. With regards to UKCP's international endeavours, the Vice Chair would rather get behind the European Association of Psychotherapy (EAP) rather than MP's suggestion of creating new organisation in partnership with BACP and the BPC, as suggested by MP.
- 2.4. The Vice Chair reported back to the Board on the recommendations from the Remuneration and Performance Management Committee (RPMC) concerning the recent Honoraria requests from the Colleges and Faculties.
- 2.5. **The Board agreed the RPMC's recommendation that existing honorariums should continue unchanged, with no new honorariums.**
- 2.6. **The Board agreed to hold another UKCP Conference in 2020 (potentially a 2 day conference) following success of the 'Sleepwalking into Anthropocene' conference held in October 2019.**

ST joined the meeting at 15:00

3. Complaints & Conduct Process (CCP) Items

- 3.1. The Board discussed CCP items with ST in Closed Session.

ST left the meeting at 15:15

AJ joined the meeting at 15:15

4. Campaigns Strategy Update

- 4.1. The UKCP Policy and Advocacy Officer presented the Board with a Campaigns Strategy update and took questions from the Trustees.
- 4.2. The Board thanked AJ for the update.

AJ left the meeting at 15:40

5. Chief Executive Officer (CEO) Update

- 5.1. The CEO gave a verbal update to the Board which included the following points:
- 5.1.1. We have a high performance, stable UKCP Office staff team and it is a privilege to work with them.
- 5.1.2. We also have high functioning Senior Management Team.
- 5.1.3. MP, JM and AJC have all been involved in the UKCP Campaigns Strategy presented earlier by AJ.
- 5.1.4. The Terms of Reference for the Education Working Group have been created and approved.
- 5.1.5. **Terms of Reference for the Research Working Group have been drafted and SN handed-out hard copies. The Board will be asked for their approval in the New Year.**
- 5.1.6. We are at an advanced stage in forging a collaborative research relationship with a prominent university.

5.1.7. We have created 2 very successful psychotherapy training modules in partnership with Imperial College and we are now taking bookings for January 2020.

5.1.8. The Board supported SN's proposal for a 'writer in residence' (for a period of 12 to 18 months) to produce a history of UKCP. Potentially, this would lead to them writing a book on the history of British psychotherapy which could then accompany some of our trainings with Imperial College.

5.1.9. We will be reviewing our approach to UKCP events in January and will look at the best types of events to achieve our aims and goals.

5.1.10. Regarding enhancements to the UKCP website, the Head of Content and Engagement has been interviewing potential new website providers.

5.1.11. We will have a report by January into the viability of a potential new category of membership.

5.1.12. SN mentioned that she is aware of a potential new Organisational Member who offer a 3 year intensive PHd course for those with MAs. **The constitutional aspects of this need to be assessed.**

6. UKCP Governance Review Report

6.1. The Board discussed Governance Review Report in Closed Session.

7. AOB

7.1. The Board gave great thanks and appreciation to KC and NR as this was their last Board meeting before they finished their terms as trustees.

8. Next Meeting

8.1. Friday 14 February 2020, 09:30 to 16:00, UKCP Office.